



SHUA
EASY WAY OF FITNESS



SHUA



Commercial Fitness Solutions.

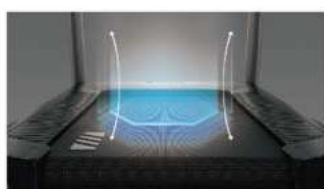
Professional Control, Fully Customizable

From project investment analysis to decoration design until operation management, Shuhua provides professional and scientific solutions to your gym, meets all your needs.



SH-T9100T

Commercial use treadmill



- Multi-brace shock absorbers for whole-deck.



- Infrared Auto-Induction
- Safety Detection
- Red-Blue-Green lights show running state.



- Ergonomics interface
- New angle strengthens the visual experience from people at different heights, and helps user keep the right posture.
- Handle adjust speed and inclination



- Built-in Siemens Sinamics V20 inverter
- As a driving belt, adjust the speed of key equipment, SINAMICS V20 can effectively guarantee the stability of the treadmill belt speed, eliminate the frustration during running and improve running comfort.



- Optional ultra high-definition touch screen
- 32-inch high-definition smart touch screen, support multiple login methods, rich content



- Maintenance free running belt
- Pre-waxed running deck, free of lubrication, optional use of either side.
- Neat appearance without screws exposed.



PART 1

CARDIO EQUIPMENT COMMERCIAL USE



 SHUA


TREADMILL


ELLIPTICAL


BIKE SERIES


STRENGTH EQUIPMENT

SH-T860

Commercial use treadmill

Technical parameters

Continuous horse-power	AC 3.0HP
Peak horse-power	AC 7.0HP
Speed	1.0-20KM/H
Incline	-3%-15%
Screen	LED display
Display content	Time, Distance, Calorie, Pulse, Speed, Incline
Heart rate	Hand pulse rate
Drum	Front / rear drum diameter 70mm
Maximum user's weight	180kg
Walking area	580*1570mm
Dimension	L2190*W960*H1580mm
N.W./ G.W.	198kg / 247kg



SH-T9100/SH-T9100T

Commercial use treadmill

Technical parameters

Continuous horse-power	AC 3.0HP
Peak horse-power	AC 7.0HP
Speed	0.5-25KM/H
Incline	-2-18%
Screen	LED Keyboard (SH-T9100) 32" TOUCH Console (SH-T9100T)
Display	Speed, incline, time, distance, Calorie, heart Rate, step, bluetooth
Heart rate	Hand pulse rate
Maximum user's weight	180kg
Walking area	580*1570mm
N.W./ G.W.	SH-T9100: 205KG/245KG SH-T9100T: 220KG/260KG
Dimension	L2217*W982*H1523mm



Treadmills V6/SH-T860



Ergonomics interface

New angle strengthens the visual experience from people at different heights, and helps user keep the right posture.

Handlebar design

PU foaming handlebaris comfortable and high-end; Handlebar length is more professional and safe.

Heart rate control system

Heart rate controlfunction monitor the runner's heart rate and control running speed accordingly, which is much safer to user.



Recognized user interface

- LED display screen:
- (1) Calorie Coach: calorie count
 - (2) Integrated adjustable inside fan
 - (3) Hand pulse sensor for constant heart rate monitor
 - (4) Cool Down: The button to make you relax and comfortable



Comfortable, safe and durable runningdeck

Wider and longer running surface is more durable than before.To ensure its long-term relax running experience
Anti-static, anti-abrasive, anti-slip, thicker running belt
High strength and density, anti-abrasive running composite deck
Premium cushioning silica gel pad, multiple shock absorption design



High horse power motor (F level)

F level high horse power motor offers continuous power. Compared to competitors who supply equipment with the same performance, it saves energy and reduces carbon emission.



6 exercise programs for choice

Hill, hillside, interval, fat loss, heart and lung, random mode, and 3 countdown modes (time, distance, calorie), plus relax and downhill function

Frequency Inverter

The G_WAY series treadmill-specific AC variable frequency drive, without a speed sensor, is designed to drive a three-phase AC motor, achieving high-performance and broad-range stepless variable frequency speed regulation. The G_WAY series AC variable frequency drive uses a high-performance Intelligent Power Module (IPM), integrating micro-computer control technology to accomplish multi-functional control and safety assurance.



SH-T8919/SH-T8919T

Commercial use treadmill

Technical parameters

Continuous horse-power	AC 3.0HP
Peak horse-power	AC 7.0HP
Speed	0.8-20KM/H
Incline	-3%-15%
Screen	LED Keyboard (SH-T8919) 15.6"/21.5" Touch Screen (SH-T8919T)
Display content	Time, Distance, Calorie, Pulse, Speed, Incline
Heart rate	Bluetooth+wireless heart rate
Maximum user's weight	180kg
Walking area	580*1570mm
Dimension	L2190*W970*H1600mm
N.W./ G.W.	191kg / 243kg



SH-T8700

Commercial use treadmill

Technical parameters

Continuous horse-power	AC 2.5HP
Peak horse-power	AC 5.0HP
Speed	1 ~ 20KM/H
Incline	0%-15%
Screen	White LED display
Display content	Time, Distance, Calorie, Pulse, Speed, Incline
Heart rate	Hand pulse rate
Maximum user's weight	150kg
Walking area	520*1450mm
Dimension	L2030*W910*H1530mm
N.W./ G.W.	136.5kg / 168.5kg



SH-T6500S/850T

Commercial use treadmill

Technical parameters

Continuous horse-power	AC 2.5HP
Peak horse-power	AC 5.0HP
Speed	1.0-20KM/H
Incline	0-15%
Screen	LED Keyboard (SH-T6500S) 21.5" TOUCH Console (SH-T850T)
Display content	Time, Distance, Calorie, Pulse, Speed, Incline
Heart rate	Bluetooth+wireless heart rate
Maximum user's weight	145kg
Walking area	520*1450mm
Dimension	L1960*W850*H1520mm
N.W./ G.W.	130kg / 153kg



SH-T901Z

Commercial use treadmill

Technical parameters

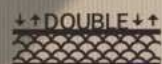
Resistance type	adjustable magnetic resistance
Resistance gear	8 Gear
Speed range	unlimited
Incline range	fixed
Screen	LCD display screen (display area size: 65mm x 102mm)
Screen interface	Display exercise time, speed, distance, resistance gear, watt, heart rate, calories, battery level, etc
Wireless heart rate	suitable for 5.3K wireless heart rate chest belt
Shock absorption system	track type slat
Maximum user's weight	180kg
Slat type	aluminum skeleton coated with silicone
Walking area	480*1500mm
Dimension	L2343*W964*H1525mm
N.W./ G.W.	181.6kg / 239kg



NEW X5

LUXURIOUS TREADMILL

Each step to win!



Entire platform shock absorption system



Durable Test



3 Heart Rate Test Methods



Z Shape Frame



Console 15.6" LED Console



15.6" TOUCH Console



SH-E800

Commercial Elliptical

Technical parameters



Platform type	Front Drive
Display	TIME,DISTANCE,CALORIE,RESISTANCE LEVEL, SPEED, RPM, HEART RATE,WATT VALUE
Resistance Level	32 Levels
Adjusting resistance level	Front armrest and console
Step Span	20IN, 51CM
Maximum user's weight	≤160kg
Power	Self-generator
USB	Yes(with 5V charge function)
Flywheel	12kg magnetic Wheel
Other Function	Self-generating Electricity
Screen Parameter	LED Screen,white light
Dimension	1900*860*1777mm
Packing dimension	2000*660*1012mm
N.W. / G.W.	130kgs / 150kgs



SH-B9100E/SH-B9100ET

Commercial Elliptical

Technical parameters



Wireless heart rate belt included

Screen	LED Keyboard, 15.6" TOUCH Console (optional)
Power	Self-Generator
Resistance	Electromagnetic control 40 levels
Main frame	80*40*3.0T
Flywheel	14kg
Maximum user's weight	180kg
Dimension	L1802*W872*H1835mm
N.W / G.W	188kg / 245kg
Stride Length	51cm/20"



SH-B9100R/SH-B9100RT

Recumbent exercise bike

Technical parameters



Wireless heart rate belt included

Screen	LED Keyboard, 15.6" TOUCH Console (optional)
Power	Self-Generator
Resistance	Electromagnetic control 40 levels
Main frame	80*40*3.0T
Flywheel	14kg
Maximum user's weight	180kg
Dimension	L1663*W620*H1400mm
N.W/ G.W	101.5kg / 126kg



SH-B9100U/SH-B9100UT

Upright exercise bike

Technical parameters



Wireless heart rate belt included

Screen	LED Keyboard, 15.6" TOUCH Console (optional)
Power	Self-Generator
Resistance	Electromagnetic control 40 levels
Main frame	80*40*3.0T
Flywheel	14kg
Maximum user's weight	180kg
Dimension	L1123*W675*H1506mm
N.W/ G.W	77.5kg / 98kg

SH-B8860S

Commercial Spinning Bike



COMMERCIAL USE
CARDIO EQUIPMENT



SH-B8860S

Commercial Spinning Bike

Technical parameters



Handle bar	Φ25mm dipping handlebar
Flywheel weight	20kgs cast iron flywheel
Drive system	Chain drive
Brake system	Aluminum alloy brake pads
Pedals	JD-304 aluminum bearing M20*1.5
Cusion	PU modeling ,adjustable
Maximum user's weight	150kgs
Demension	1210*540*1200mm
N.W./G.W.	50KG / 68.5KG

STRENGTH EQUIPMENT COMMERCIAL USE



TREADMILL



ELLIPTICAL



BIKE SERIES



STRENGTH EQUIPMENT

68 Series Power Equipment

68 series is Shuhua's latest strength equipment. Our teams spend much time in developing and designing 68 series.

Premium quality material and skilled technology, pleasure experience, new design and comfortable feeling, all those vantages make exercise simply, easy and effective.

The 68 series strength equipment has 40 types, professionally and compressively, including plated-loaded, plate-hanged and free weight. User builds muscles according to their needs.



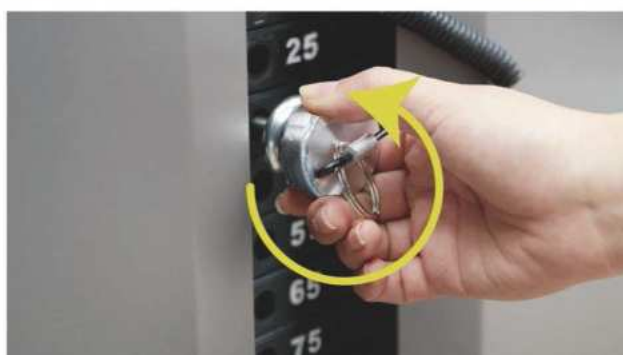
Path of motion

Lots of exercise patterns are monitored. And we analyze it precisely and particularly, getting the best movement tracks of equipment. 68 series accord with natural movement of body muscle groups. Maximumly, it protects joints when user is building muscle.



Load distribution

Optimal load distribution of equipment is acquired by testing users at different figures and researching follow-up analysis. So load is distributed according to movement tracks, which is convenient to users.



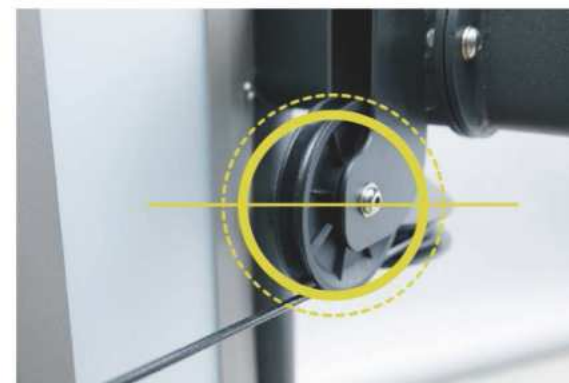
Adjustable installation

Few steps need to be set before exercise; all adjustments are reachable in training position. In addition, set adjustable installation in the same position possibly. Progressive adjuster makes exercise easy and control exercise intensity. Using rare metal material is durable, absorptive, anti-drop, safe and stable.



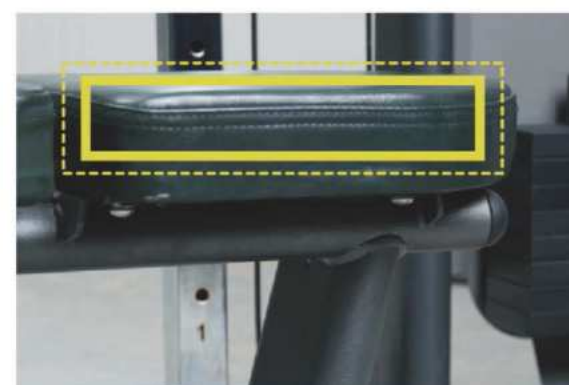
SH-relaxer

Shuhua R&D advances the concept, studying the single muscle and its status in compound exercise. We apply those researches to products, and simulate body's natural movement. During exercise, resistance force stays the same, making the smooth exercise experience.



Smooth traction

Weight plate is added, and parts of it reach 135KG. Under the circumstance, user still can use easily because of PA wire rope imported from Japan.



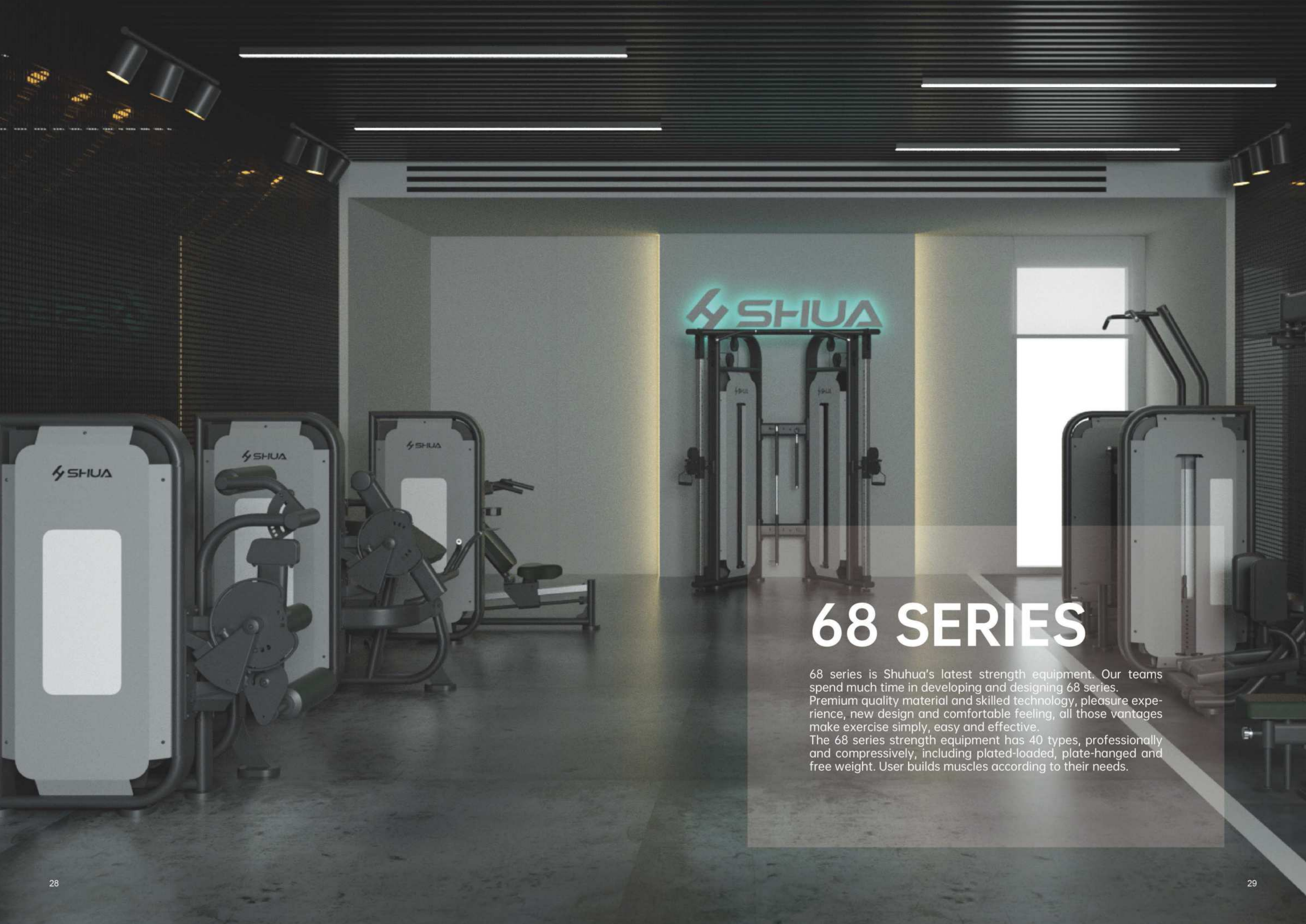
Biomechanics chair

Ergonomics chair and two-piece back design help user get the right posture during exercise. We adopt different density filler and offer soft or tough support where needed according to body shape. Wide and comfortable chair is for giant user, lower height of chair is for short stature user. Seat mat of Dual-rail and fixed design is stable, comfortable and durable.



Perfect handlebar

New handlebar design distributes loads balancely, making exercise more effective and comfortable. Chromium plating surface is easy to grip tightly, avoiding sideslip.



68 SERIES

68 series is Shuhua's latest strength equipment. Our teams spend much time in developing and designing 68 series. Premium quality material and skilled technology, pleasure experience, new design and comfortable feeling, all those vantages make exercise simply, easy and effective. The 68 series strength equipment has 40 types, professionally and compressively, including plated-loaded, plate-hanged and free weight. User builds muscles according to their needs.



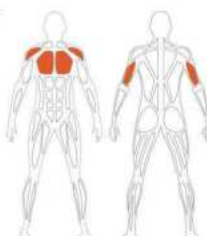
Chest press

SH-G6801A

- **Product dimensions:** 1470×1380×1850mm
- **Package dimensions:** 1920×1550×600mm(excluding counterweights,counterweights packed separately in a carton box)
- **Product weight:** N.W. 240kg ; G.W. 301kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** pectoralis major, anterior deltoids, triceps

- **Resistance:** Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):**Adjustable seat height; PU foam molding;Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover(textured black silver powder coat)



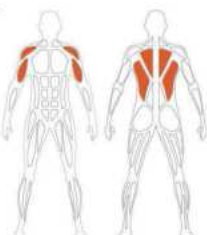
Pulldown

SH-G6806A

- **Product dimensions:** 1410×1160×1880mm
- **Package dimensions:** 1580×1145×720mm(excluding counterweights,counterweights packed separately in a carton box)
- **Product weight:** N.W. 220kg ; G.W. 280kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** Latissimus dorsi, Lower trapezius, Biceps.

- **Resistance:** Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):**Adjustable seat height; PU foam molding;Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover(textured black silver powder coat)



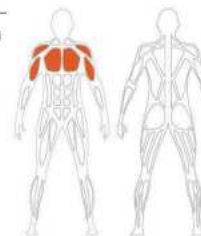
Butterfly

SH-G6802A

- **Product dimensions:** 1350×1345×1545mm
- **Package dimensions:** 1588×1402×577mm (excluding counterweights,counterweights packed separately in a carton box)
- **Product weight:** N.W. 237kg ; G.W. 295kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** pectoralis major, anterior deltoids, biceps

- **Resistance:** Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):**Adjustable seat height; PU foam molding;Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover(textured black silver powder coat)



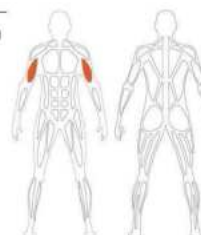
Biceps curl

SH-G6807

- **Product dimensions:** 1450×1457×1545mm
- **Package dimensions:** 1585×1305×770mm(excluding counterweights,counterweights packed separately in a carton box)
- **Product weight:** N.W. 188kg ; G.W. 246kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** Biceps, Forearm muscles.

- **Resistance:** Counterweights; Total weight 60kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):**Adjustable seat height; PU foam molding;Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover(textured black silver powder coat)



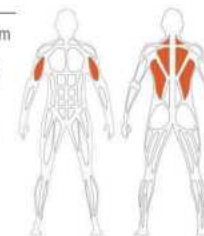
Seated Rowing

SH-G6803A

- **Product dimensions:** 1505×1160×1545mm
- **Package dimensions:** 1725×1050×595mm (excluding counterweights,counterweights packed separately in a carton box)
- **Product weight:** N.W. 225kg ; G.W. 275kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** Pectoralis Major, Anterior Deltoids, Biceps

- **Resistance:** Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):**Adjustable seat height; PU foam molding;Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover(textured black silver powder coat)



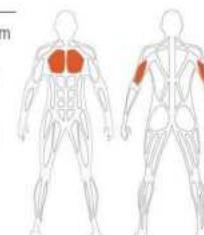
Triceps Press

SH-G6808

- **Product dimensions:** 1195×1130×1545mm
- **Package dimensions:** 1585×1195×575mm(excluding counterweights,counterweights packed separately in a carton box)
- **Product weight:** N.W. 208kg ; G.W. 245kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** Triceps, Pectoralis major

- **Resistance:** Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):**Adjustable seat height; PU foam molding;Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover(textured black silver powder coat)



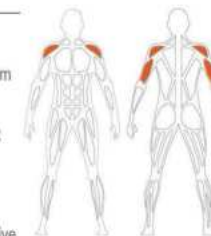
Shoulder press

SH-G6804A

- **Product dimensions:** 1560×350×1545mm
- **Package dimensions:** 1600×970×390mm/1910×1380×510mm (excluding counterweights,counterweights packed separately in a carton box)
- **Product weight:** N.W. 265kg ; G.W. 355kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** Deltoid,Triceps.

- **Resistance:** Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):**Adjustable seat height; PU foam molding;Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover(textured black silver powder coat)



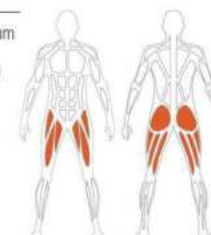
Seated leg press

SH-G6809

- **Product dimensions:** 1770×1160×1545mm
- **Package dimensions:** 1580×850×400mm/1806×900×540mm(- excluding counterweights,counterweights packed separately in a carton box)
- **Product weight:** N.W. 255kg ; G.W. 330kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** Quadriceps, Gluteus, Gastrocnemius Muscle

- **Resistance:** Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):**Adjustable seat height; PU foam molding;Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover(textured black silver powder coat)



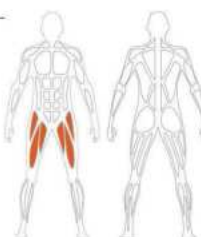


Leg extension SH-G6810

- **Product dimensions:** 1206×1121×1545mm
- **Package dimensions:** 1585×850×390mm/ 1030×960×765mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 235kg ; G.W. 305kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** quadriceps femoris

- **Resistance:** Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** PU foam molding;
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)

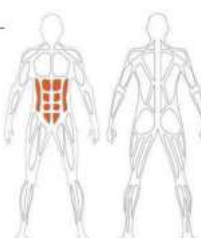


Abdominal SH-G6816

- **Product dimensions:** 1440×1050×1688mm
- **Package dimensions:** 1585×850×390mm/ 1220×1170×1300mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 275kg ; G.W. 345kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** abdominal muscles

- **Resistance:** Counterweights; Total weight 100kg; Minimum adjustable weight 5kg.
- **Pads (seat/back/chest/elbow):** PU foam molding.
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 100*50*12.0mm.
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)

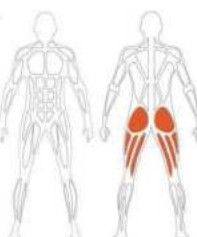


Prone Leg Curl SH-G6812A

- **Product dimensions:** 1654×1130×1545mm
- **Package dimensions:** 1585×850×390mm / 1060×820×765mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 237kg ; G.W. 292kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** Biceps femoris

- **Resistance:** Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** PU foam molding; Heel Cushion: PU Foam Molding; Pads (Chest/Abdominal): Recycled Cotton, Natural Cotton Molding; Available in dark green.
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm, ϕ 96mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)

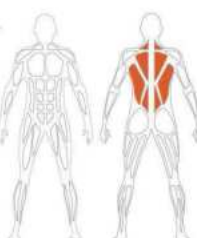


Back Extension SH-G6817

- **Product dimensions:** 1460×985×1545mm
- **Package dimensions:** 1600×910×390mm/1250×880×720mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 211kg ; G.W. 270kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** Core Muscle Group, Lower Back, Erector Spinae

- **Resistance:** Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** PU foam molding. Seat height is not adjustable;
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm.
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)

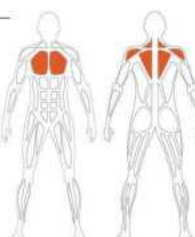


DUAL FUNCTION
Pec Fly/Rear Deltoid SH-G6813A

- **Product dimensions:** 1210×940×2045mm
- **Package dimensions:** 2165×910×625mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 242kg ; G.W. 290kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** Pectoralis Major, Posterior Deltoids, Trapezius Muscle, biceps, Anterior Deltoids

- **Resistance:** Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** Adjustable seat height; PU foam molding; Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green.
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)

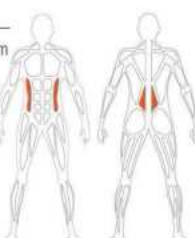


Torso rotation SH-G6818

- **Product dimensions:** 1530×1340×1545mm
- **Package dimensions:** 1697×1190×618mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 200kg ; G.W. 245kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** waist and abdominal muscle groups

- **Resistance:** Counterweights; Total weight 80kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** PU foam molding;
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm, ϕ 95mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)

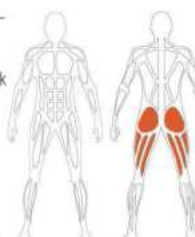


Glute machine SH-G6815

- **Product dimensions:** 1150×1095×1545mm
- **Package dimensions:** 1585×1095×520mm. (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 172kg ; G.W. 202kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** Gluteus, Biceps femoris.

- **Resistance:** Counterweights; Total weight 60kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** PU foam molding; Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm, ϕ 95mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)

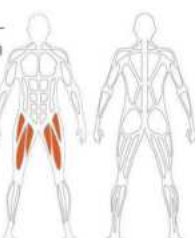


DUAL FUNCTION
Abductor/Adductor SH-G6819A

- **Product dimensions:** 1340×1330×1545mm
- **Package dimensions:** 1600×970×400mm/1230×1240×780mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 240kg ; G.W. 307kg (total weight including counterweights)
- **Packaging method:** Wooden crate

- **Muscle Trained:** lateral thigh muscle

- **Resistance:** Counterweights; Total weight 90kg; Minimum adjustable weight 5kg.
- **Pads (seat/back/chest/elbow):** PU foam molding; Available in dark green.
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm.
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)





DUAL FUNCTION

Functional trainer

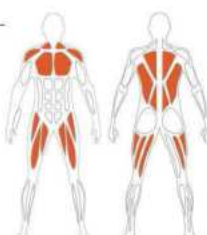
SH-G6820

- **Product dimensions:** 940×1660×2240mm
- **Package dimensions:** 2350×1180×500mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 395kg ; G.W. 445kg (total weight including counterweights)
- **Packaging method:** Wooden crate

• **Muscle Trained:** muscle groups (shoulder, chest, back, leg)

- **Resistance:** Counter weight:100kg/set(Total 2 sets); G.W:200KG, Minimum 5kg.
- **Pads (seat/back/chest/elbow):** Adjustable seat height; PU foam molding; Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 120*50*12.0mm.

- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)



DUAL FUNCTION

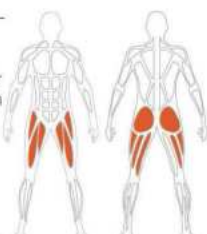
Seated Leg Curl/Extension

SH-G6823A

- **Product dimensions:** 1300×1090×1545mm
- **Package dimensions:** 1595×850×400mm, 1256×1066×805mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 285kg ; G.W. 345kg (total weight including counterweights)
- **Packaging method:** Wooden crate

• **Muscle Trained:** Quadriceps, Calf Muscles, Hamstrings, Muscles of the Posterior Thigh.

- **Resistance:** Counterweights; Total weight 100kg; Minimum adjustable weight 5kg.
- **Pads (seat/back/chest/elbow):** Back Pad: Adjustable; Foam roller position: Adjustable; Pad: PU foam molding; Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm.
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)



DUAL FUNCTION

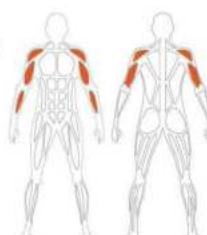
Seated Biceps Curl/Triceps Press

SH-G6822A

- **Product dimensions:** 1385×1020×1545mm
- **Package dimensions:** 1590×960×670mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 190kg ; G.W. 235kg (total weight including counterweights)
- **Packaging method:** Wooden crate

• **Muscle Trained:** Biceps, Triceps, Forearm Muscles

- **Resistance:** Counterweights; Total weight 60kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** Adjustable seat height; PU foam molding; Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm.
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** Eco-friendly PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)



DUAL FUNCTION

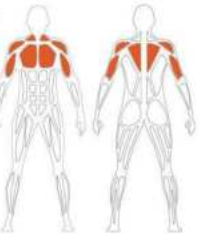
Shoulder Press / Upper Chest

SH-G6824A

- **Product dimensions:** 1872×1263×1544mm
- **Package dimensions:** 2165×1215×815mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 235kg ; G.W. 295kg (total weight including counterweights)
- **Packaging method:** Wooden crate

• **Muscle Trained:** Chest, deltoid, triceps, trapezius.

- **Resistance:** Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** Seat Pad: non-adjustable; Back Pad: Adjustable in angle; Material: PU foam molding + leather.
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm.
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)



DUAL FUNCTION

Assist dip / chin

SH-G6851A

- **Product dimensions:** 1425×935×2375mm
- **Package dimensions:** 2550×1100×680mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 310kg ; G.W. 365kg (total weight including counterweights)
- **Packaging method:** Wooden crate

• **Muscle Trained:** Latissimus dorsi, Trapezius, Posterior deltoid, Biceps brachii, Triceps brachii, Rotator cuff, Pectoralis major

- **Resistance:** Counterweights; Total weight 135kg; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** Adjustable seat height; PU foam molding; Available in dark green.
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm.
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green.
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)



Seated row

SH-G6868A

- **Product dimensions:** 1830×990×1770mm
- **Package dimensions:** 1865×850×630mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 225kg ; G.W. 270kg (total weight including counterweights)
- **Packaging method:** Wooden crate

• **Muscle Trained:** Deltoid, back muscle Groups

- **Resistance:** Counterweights; Total weight 120g; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** Adjustable seat height; PU foam molding; Available in dark green
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm.
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)



Adjustable cable cross over

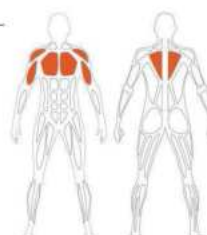
SH-G6852

- **Product dimensions:** 3775×925×2290mm
- **Package dimensions:** 970×970×600mm/2280×850×380mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 345kg ; G.W. 395kg (total weight including counterweights)
- **Packaging method:** Wooden crate

• **Muscle Trained:** pectoralis major, deltoid, biceps, triceps, latissimus dorsi

- **Resistance:** Counter weight: 90kg/set(Total 2 sets); G.W:180KG; Minimum 5kg.
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 120*50*12.0 mm

- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm
- **Paint Color:** Main frame (textured black powder coat);



DUAL FUNCTION

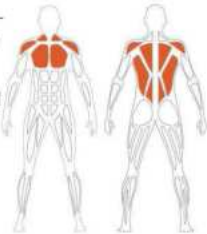
Lat pull down / Seated row

SH-G6891A

- **Product dimensions:** 1680×895×2250mm
- **Package dimensions:** 1806×957×765mm (excluding counterweights, counterweights packed separately in a carton box)
- **Product weight:** N.W. 230kg ; G.W. 260kg (total weight including counterweights)
- **Packaging method:** Wooden crate

• **Muscle Trained:** Latissimus dorsi, Biceps, Lower trapezius.

- **Resistance:** Counterweights; Total weight 110g; Minimum adjustable weight 5kg
- **Pads (seat/back/chest/elbow):** Leg hook: PU foam molding; Seat Pad: Recycled Cotton, Natural Cotton Molding; Leather Available in dark green.
- **Maximum weight capacity:** 150kg
- **Tube size:** Flat oval tube 150*50*12.0mm, auxiliary frame Flat oval tube 120*50*12.0mm.
- **Cable type:** Imported Japanese steel wire rope; ϕ 5.6mm
- **Pulley:** Nylon with fiber; ϕ 117mm, ϕ 96mm
- **Leather:** PVC; Available in dark green
- **Paint Color:** Main frame (textured black powder coat); Protective cover (textured black silver powder coat)





Smith machine

SH-G6853

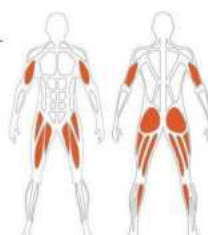
- Product dimensions: 2185×1535×2485mm
- Package dimensions: 2600×1460×320mm/2600×1460×320mm; 2295×330×225mm; 475×290×185mm;

- Product weight: N.W. 165kg ; G.W. 180kg
- Packaging method: Bubble wrapped

- Resistance: Counterweights;
- Pads (seat/back/chest/elbow): None
- Maximum weight capacity: None

- Tube size: Main bend flat oval tube: 120*50*12.0(mm)
Stand Tube: 114*12.5(mm)
- Cable type: Imported Japanese steel wire rope; 5.6mm
- Pulley: Nylon with fiber; 117mm
- Paint Color: textured black powder coat

- Muscle Trained: Pectoralis major, Quadriceps, Latissimus dorsi, Trapezius, Posterior deltoid, Biceps brachii, Triceps brachii, Rotator cuff



Squat rack

SH-G6854A

- Product dimensions: 1840×1670×1840mm
- Package dimensions: 1940×1940×540mm;

- Product weight: N.W. 85kg ; G.W. 92kg
- Packaging method: Bubble wrapped

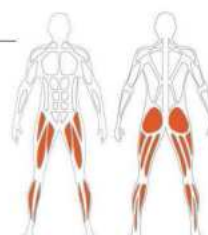
- Resistance: None;

- Pads (seat/back/chest/elbow): None
- Maximum weight capacity: None

- Tube size: Flat oval tube 120*40*12.0mm
- Cable type: Imported Japanese steel wire rope; 5.6mm

- Pulley: None
- Paint Color: Main frame (textured black powder coat);

- Muscle Trained: Leg muscle



Adjustable dumbbell bench

SH-G6855

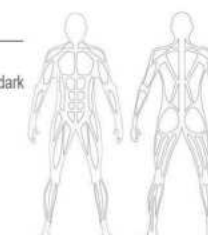
- Product dimensions: 1660×600×440mm
- Package dimensions: 910×280×130mm/ 1730×670×460mm

- Product weight: N.W. 48kg ; G.W. 53kg

- Packaging method: Packing: Carton + bubble bag packing

- Resistance: None;
- Pads (seat/back/chest/elbow): PU foam molding; Available in dark green;
- Maximum weight capacity: 150kg
- Tube size: Flat oval tube 120*40*12.0mm
- Cable type: None;
- Pulley: None;
- Paint Color: Main frame (textured black powder coat);

- Auxiliary equipment



Olympic weight tree

SH-G6856A

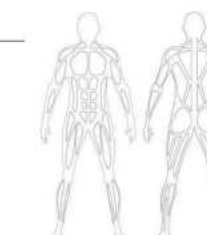
- Product dimensions: 810×791.4×983mm
- Package dimensions: 860×821.4×1013mm

- Product weight: N.W. 19.35kg ; G.W. 23.35kg

- Packaging method: Bubble wrapped

- Maximum weight capacity: 150kg
- Tube size: Main bend flat oval tube: 120*40*12.0(mm)
Strengthen flat oval tube: 120*40*12.0(mm)
- Cable type: None;
- Pulley: None
- Paint Color: Main frame (textured black powder coat);

- Used to place weight plates



Adjustable bench

SH-G6857

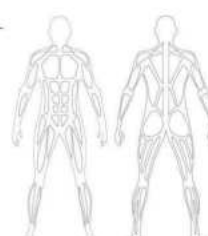
- Product dimensions: 1362×620×440mm
- Package dimensions: 1410×530×400mm;

- Product weight: N.W. 40kg ; G.W. 45kg

- Packaging method: Carton box

- Pads (seat/back/chest/elbow): PU foam molding; Available in dark green;
- Tube size: Main bend flat oval tube: 80*40*12.0(mm)
- Paint Color: textured black powder coat

- Muscle Trained: Combination and auxiliary training.



Back extension

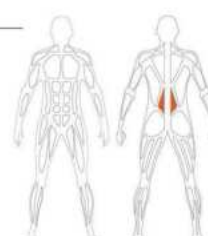
SH-G6858

- Product dimensions: 1175×805×800mm
- Package dimensions: 1100×600×800mm; 810×520×300mm

- Product weight: N.W. 43kg ; G.W. 65kg
- Packaging method: Packing: Wrap + carton packing

- Pads (seat/back/chest/elbow): PU foam molding; Available in dark green;
- Tube size: Main bend flat oval tube: 100*40*2.0mm; 80*40*2.0mm
- Paint Color: textured black powder coat

- Muscle Trained: Erector Spinae



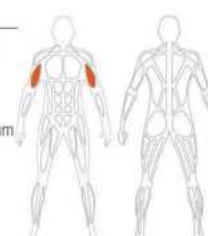
Arm curl Bench

SH-G6859A

- Product dimensions: 1095×800×970mm
- Package dimensions: 1120×920×1100mm
- Product weight: N.W. 51kg ; G.W. 61kg
- Packaging method: Packing: Wrap + carton packing

- Pads (seat/back/chest/elbow): Pad height: Adjustable; PU foam molding; Available in dark green
- Maximum weight capacity: 150kg
- Leather: PVC; Available in dark green
- Tube Size: Flat oval tube: 100*40*12.0mm; 80*40*12.0mm
- Paint Color: textured black powder coat

- Muscle Trained: Biceps



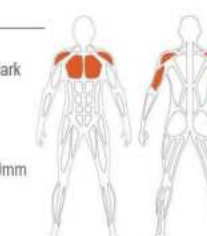
Olympic Flat Bench

SH-G6871

- Product dimensions: 1700×1585×1185mm
- Package dimensions: 1700×1250×630mm; 350×320×1400mm; 1390×345×75mm
- Product weight: N.W. 60kg ; G.W. 67kg
- Packaging method: Bubble wrap

- Pads (seat/back/chest/elbow): Plywood + recycled cotton + faux leather; available in dark green.
- Maximum weight capacity: 150kg
- Leather: PVC; Available in dark green
- Tube Size: Main bend flat oval tube: 120*40*2.0mm; 120*50*2.0mm
- Paint Color: textured black powder coat

- Muscle Trained: pectoralis major, Anterior deltoid, triceps





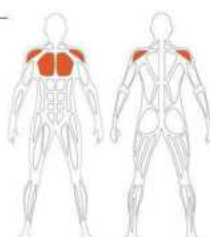
Olympic decline bench

SH-G6872

- Product dimensions: 1800×1700×1185 (mm)
- Package dimensions: 1430×650×1300 (mm) \ 1600×650×740 (mm) \ 930×430×245 (mm)
- Product weight: N.W. 75kg ; G.W. 83kg
- Packaging method: Bubble wrap+ Carton box

- Muscle Trained: Pectoralis major, Deltoid, triceps

- Pads (seat/back/chest/elbow): Headrest and lying pad are non-adjustable; Material: Plywood + recycled cotton + virgin cotton + leather.
- Maximum weight capacity: 150kg
- Tube size: Flat oval tube 120*40*12.0mm.
- Leather: PVC; Color: Dark green;
- Paint Color: textured black powder coat.



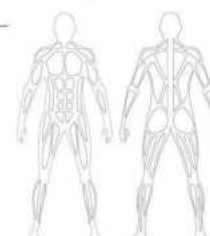
Flat bench

SH-G6878

- Product dimensions: 1605×604×400mm
- Package dimensions: 1700×660×400mm / 1390×345×75mm
- Product weight: N.W. 31kg ; G.W. 37kg
- Packaging method: Bubble wrap+ Carton box

- Muscle Trained: Suitable for anaerobic exercise, free training, and can be used in conjunction with other fitness products.

- Pads (seat/back/chest/elbow): non-adjustable; Material: Plywood+ recycled cotton + virgin cotton + leather
- Maximum weight capacity: 135kg
- Tube size: Flat oval tube 120*40*12.0mm
- Leather: PVC; Available in dark green;
- Paint Color: textured black powder coat



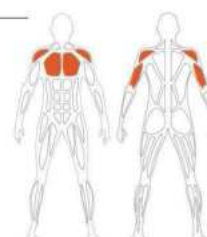
Olympic incline bench

SH-G6873

- Product dimensions: 1700×1400×1185mm
- Package dimensions: 1780×1450×620mm \ 470×320×1450mm \ 1390×345×75mm
- Product weight: N.W. 70kg ; G.W. 78kg
- Packaging method: Bubble wrap+ Carton box

- Muscle Trained: pectoralis major, Anterior deltoid, triceps

- Pads (seat/back/chest/elbow): Headrest and lying pad are non-adjustable; Material: Plywood + recycled cotton + virgin cotton + leather.
- Maximum weight capacity: 150kg
- Tube size: Flat oval tube 120*40*12.0mm
- Leather: PVC; Available in dark green
- Paint Color: textured black powder coat.



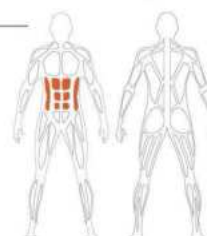
Adjustable abdominal bench

SH-G6879

- Product dimensions: 1820×700×990mm
- Package dimensions: 1850×800×850mm \ 955×330×245mm
- Product weight: N.W. 39kg ; G.W. 47kg
- Packaging method: Bubble wrap+ Carton box

- Muscle Trained: Suitable for anaerobic exercise, can exercise muscles such as the rectus abdominis and external obliques.)

- Pads (seat/back/chest/elbow): non-adjustable; Material: Plywood+ recycled cotton + virgin cotton + leather
- Maximum weight capacity: 150kg
- Tube size: Flat oval tube 120*40*12.0mm
- Leather: PVC; Available in dark green;
- Paint Color: textured black powder coat



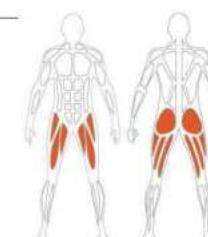
Linear Leg Press

SH-G6874

- Product dimensions: 2050×1000×1469mm
- Package dimensions: 770×460×180mm \ 1410×1070×1500mm
- Product weight: N.W. 200kg ; G.W. 220kg
- Packaging method: Carton box+Bubble wrapped

- Muscle Trained: Leg muscles

- Pads (seat/back/chest/elbow): PU foaming; available in dark green as an optional choice.
- Maximum weight capacity: 150kg
- Tube size: Flat oval tube 1150*50*12.0mm, 120*50*12.0mm.
- Leather: PVC; Available in dark green
- Paint Color: main frame textured black powder coat



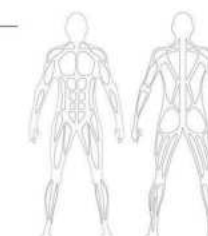
Barbell rack

SH-G6883A

- Product dimensions: 860×765×1450mm
- Package dimensions: 1550×860×450mm
- Product weight: N.W. 62kg ; G.W. 87kg
- Packaging method: Bubble wrapped

- Use for placing barbell

- Tube size: Flat oval tube 120*40*12.0mm
- Paint Color: main frame textured black powder coat



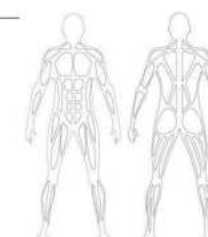
Utility bench

SH-G6876

- Product dimensions: 873×504×883mm
- Package dimensions: 920×550×900mm / 390×350×170mm
- Product weight: N.W. 19kg ; G.W. 23kg
- Packaging method: Carton box+Bubble wrapped

- Muscle Trained: Use dumbbells, barbells and other auxiliary equipment to exercise the upper limb muscles.

- Pads (seat/back/chest/elbow): non-adjustable; Material: Plywood+ recycled cotton + virgin cotton + leather.
- Maximum weight capacity: 135kg
- Tube size: Flat oval tube 120*40*2.0mm
- Leather: PVC; Available in dark green
- Paint Color: textured black powder coat



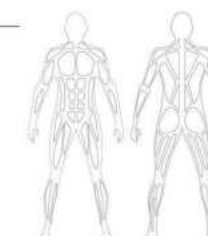
Two tier DB rack

SH-G6884A

- Product dimensions: 2756×685×890 (mm)
- Package dimensions: 2580×300×230 (mm) / 930×730×300 (mm)
- Product weight: N.W. 95kg ; G.W. 99kg
- Packaging method: Bubble wrapped

- Use for placing dumb-bell sets

- Maximum weight capacity: 390kg
- Tube size: Flat oval tube:120*40*13.0(mm),Rectangle tube:60*30*13.0mm
- Paint Color: textured black powder coat



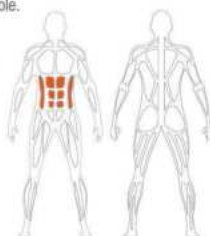


Leg raise SH-G6886

- Product dimensions: 1200×860×1550mm
- Package dimensions: 1550×370×1230mm; 650×650×280mm
- Product weight: N.W. 59g ; G.W. 65kg
- Packaging method: Bubble wrap+ Carton box

- Muscle Trained:
Rectus abdominis, external oblique muscle

- Pads (seat/back/chest/elbow): The elbow height: Non-adjustable. PU foam molding; Available in dark green.
- Maximum weight capacity: 150kg
- Tube size: Flat oval tube 120×40×2.0mm; 100×50×2.0mm
- Leather: PVC; Available in dark green.
- Paint Color: textured black powder coat

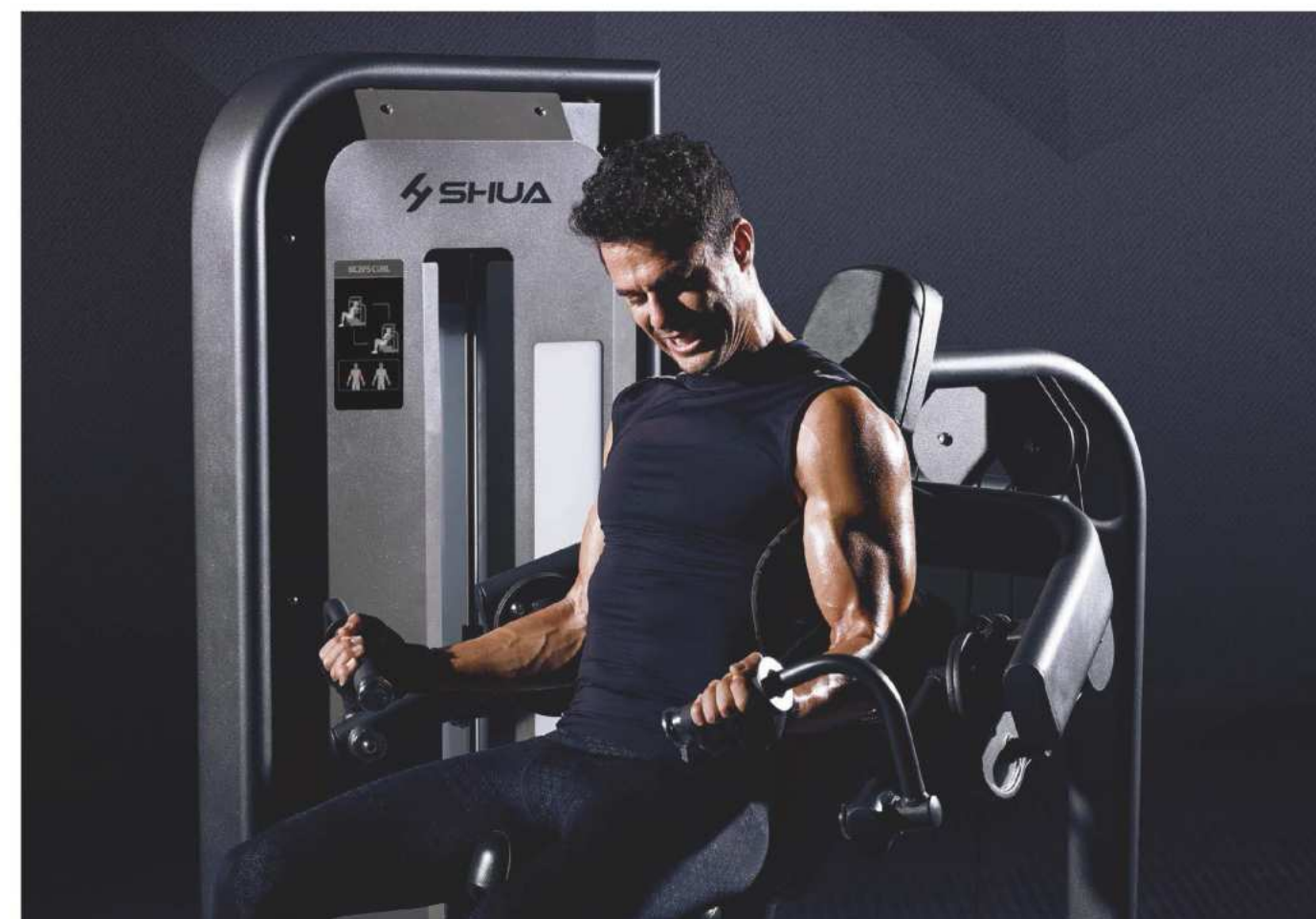
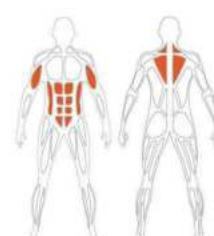


Chin dip leg raise station SH-G6888

- Product dimensions: 1310×1170×2165mm
- Package dimensions: 2220×850×430mm
- Product weight: N.W. 125g ; G.W. 170kg
- Packaging method: Wooden crate

- Muscle Trained:
Latissimus dorsi, deltoid, biceps, quadriceps, rhomboids, abdominis, pectoralis major, triceps.

- Pads (seat/back/chest/elbow): PU foam molding;
- Maximum weight capacity: 150kg
- Tube size: Flat oval tube 120×40×3.0mm
- Leather: PVC; Available in dark green;
- Paint Color: textured black powder coat

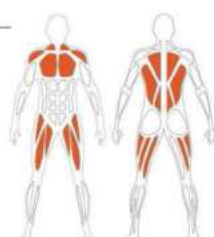


Stretcher SH-G6890

- Product dimensions: 1400×690×1200mm
- Package dimensions: 1450×1000×700mm
- Product weight: N.W. 35g ; G.W. 40kg
- Packaging method: Bubble wrap+ carton box

- Muscle Trained:
Latissimus dorsi, Pectoralis Major, hamstrings, Quadriceps, Adductors, Erector Spinae, Gluteus Maximus, Gastrocnemius

- Maximum weight capacity: 150kg
- Tube size: 80×40×2.0mm; Oval steel tube
- Leather: PVC; Available in dark green;
- Paint Color: textured black powder coat



88 SERIES

CLASSIC, INNOVATIVE AND BEYOND

Highlighted Features



Ergonomic design, smooth movement trace, accurate angle and the target muscle group is precisely stimulated



First-class production technology: laser cutting, robot welding, high-quality spraying



Laser engraving technology, luxury drawing texture



5kgs/pc weight stack adjustment, suitable for beginners to professional athletes



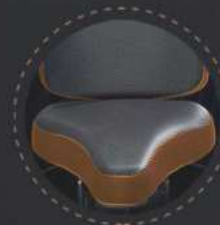
Adjustable handle to meet the needs of different users



Most tube thickness is 3mm, and the supporting tube can reach 5mm.



Semi-automatic adjustment seat with hydraulic design for easy and precise adjustment



The cushion: PU foam with memory resilience.
Outer layer: Carbon fiber leather.
The periphery: ergonomic beveled edge





Chest Press SH-G8801A

Product dimensions	1405×1280×1350mm
Package dimensions	875×495×1514mm/1365×1115×710mm
Product weight:	N.W. 305kg; G.W.392kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 120kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Adjustable seat height; PU foam molding; Available in dark green
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; 4 5.6mm
Pulley	Nylon + Glass fiber; Specifications: 4 117mm
Leather	PVC; Imitation Carbon Fiber Pattern
Paint Color	Black titanium + brushed silver
Muscle Trained	Pectoralis major, anterior deltoid, triceps and other muscles



Shoulder press SH-G8802A

Product dimensions	1500×1410×1350mm
Package dimensions	875×495×1514mm/1480×1095×661mm
Product weight:	N.W.291kg; G.W.387kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Adjustable seat height; PU foam molding; Maximum weight capacity 150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; 4 5.6mm
Pulley	Nylon + Glass fiber; Specifications: 4 117mm
Leather	PVC; Imitation Carbon Fiber Pattern
Paint Color	Black titanium + brushed silver
Muscle Trained	Deltoid, triceps and other muscles



Lat Pulldown SH-G8803A

Product dimensions	1510×1270×1920mm
Package dimensions	875×495×1514mm/1295×1075×630mm
Product weight:	N.W.295kg; G.W.382kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 110kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Adjustable seat height; PU foam molding; Color: Imitation Carbon Fiber Pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; 4 5.6mm
Pulley	Nylon + Glass fiber; Specifications: 4 117mm
Leather	PVC; Imitation Carbon Fiber Pattern
Paint Color	Black titanium + brushed silver
Muscle Trained	Latissimus dorsi, posterior deltoid, biceps brachii



Row/Rear Deltoid SH-G8804A

Product dimensions	1385×1285×1350mm
Package dimensions	875×495×1514mm/1145×1115×990mm
Product weight:	N.W.280kg; G.W.365kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 120kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Adjustable seat height; PU foam molding; Color: Imitation Carbon Fiber Pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; 4 5.6mm
Pulley	Nylon + Glass fiber; Specifications: 4 117mm
Leather	PVC; Imitation Carbon Fiber Pattern
Paint Color	Black titanium + brushed silver
Muscle Trained	Muscles such as latissimus dorsi, middle and lower trapezius muscles



Seated leg press SH-G8805A

Product dimensions	1740×1040×1350mm
Package dimensions	1685×817×715mm/875×385×1514mm
Product weight:	N.W.345kg; G.W.442kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 150kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Back cushion and seat cushion PU foam molding
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; 4 5.6mm
Pulley	Nylon + Glass fiber; Specifications: 4 117mm
Leather	PVC; Imitation Carbon Fiber Pattern
Paint Color	Black titanium + brushed silver
Muscle Trained	Quadriceps, Gluteus maximus, Biceps femoris



Leg extension SH-G8806A

Product dimensions	1300×1256×1352mm
Package dimensions	910×495×1514mm/1405×880×870mm
Product weight:	N.W.282kg; G.W.368kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Seat cushion is not adjustable, back cushion is adjustable; Material: PU foam molding + leather
Maximum weight capacity	150kg
Tube size	Large R rectangular tube: 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; 4 5.6mm, Cover: imported PA material
Pulley	Nylon + Fiberglass; Specifications: 4 95mm
Leather	PVC; Imitation Carbon Fiber Pattern
Paint Color	Black titanium + brushed silver
Muscle Trained	Quadriceps, calf muscles, etc.



Prone Leg Curl SH-G8807A

Product dimensions	1656×1162×1350mm
Package dimensions	965×965×751mm/905×495×1514mm
Product weight:	N.W.255kg; G.W.336kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	PU foam molding;
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; 4 5.6mm
Pulley	Nylon + Glass fiber; Specifications: 4 117mm
Leather	PVC; Imitation Carbon Fiber Pattern
Paint Color	Black titanium + brushed silver
Muscle Trained	Biceps femoris etc.



Abductor/Adductor SH-G8808A

Product dimensions	1619×771×1350mm
Package dimensions	875×495×1514mm/1520×1100×736mm
Product weight:	N.W.336kg; G.W.429kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 120kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	PU foam molding; Imitation Carbon Fiber Pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; 4 5.6mm
Pulley	Nylon + Fiberglass; Specifications: 4 95mm/4 117mm
Leather	PVC; Imitation Carbon Fiber Pattern
Paint Color	Black titanium + brushed silver
Muscle Trained	Inner and outer thigh muscles, gluteus maximus, etc.



Hip Thrust SH-G8809A

Product dimensions	1603×1153×1352mm
Package dimensions	875×495×1514mm/1670×640×985mm
Product weight:	N.W. 283kg ; G.W.370kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 120kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Seat and back cushions are not adjustable; Material: PU Foam + Leather
Maximum weight capacity	150kg
Tube size	Large R rectangular tube: 150*50*3.0mm
Cable type	Imported Japanese steel wire rope; ￠5.6mm
Pulley	Nylon + fiberglass/Aluminum Alloy; Specifications: ￠95mm/￠90mm
Leather	PVC; Black imitation carbon fiber pattern
Paint Color	Black Titanium + Brushed Silver
Muscle Trained	Abdominal muscles, gluteal muscles, etc.



Pec Fly/Rear Deltoid SH-G8810A

Product dimensions	1520×1320×2010mm
Package dimensions	875×495×1514mm/2050×1040×1514mm
Product weight:	N.W.295kg; G.W.382kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Seat cushion is adjustable; material: PU foam molding; color: imitation carbon fiber pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; ￠5.6mm, Cover: Imported PA material
Pulley	Nylon + fiberglass; Specifications: ￠117mm
Leather	PVC; Imitation carbon fiber pattern
Paint Color	Black Titanium + Brushed Silver
Muscle Trained	Pectoralis major, anterior deltoid, posterior deltoid, trapezius, biceps brachii



Sitting biceps and triceps dual-function trainer SH-G8815A

Product dimensions	1415×1100×1350mm
Package dimensions	875×495×1514mm/1297×897×690mm
Product weight	N.W.280kg; G.W.323kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 80kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Adjustable Seat Cushion; PU foam molding
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; ￠5.6mm
Pulley	Nylon + fiberglass; Specifications: ￠95mm
Leather	PVC; Imitation carbon fiber pattern
Paint Color	Black Titanium + Brushed Silver
Muscle Trained	Biceps, triceps



Leg Curl SH-G8816A

Product dimensions	1220×1200×1350mm
Package dimensions	905×495×1514mm/1445×925×815mm
Product weight	N.W.300kg; G.W.341kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Seat cushion is adjustable; material: PU foam molding; color: imitation carbon fiber pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; ￠5.6mm
Pulley	Nylon + fiberglass; Specifications: ￠95
Leather	PVC; Imitation carbon fiber pattern
Paint Color	Black Titanium + Brushed Silver
Muscle Trained	Quadriceps, hamstrings, anterior and posterior thigh muscles



Back Extension SH-G8812A

Product dimensions	1290×1285×1350mm
Package dimensions	905×495×1514mm/1170×905×970mm
Product weight:	N.W.259kg; G.W.338kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Adjustable Seat Cushion; PU foam molding; Color: Imitation carbon fiber pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; ￠5.6mm; Cover: Imported PA material
Pulley	Nylon + fiberglass; Specifications: ￠117
Leather	PVC; Imitation carbon fiber pattern
Paint Color	Black Titanium + Brushed Silver
Muscle Trained	Lower back sacrospinal muscle, etc.



Abdominal SH-G8814

Product dimensions	1350×1000×1710mm
Package dimensions	875×495×1514mm/1430×1110×700mm
Product weight	N.W.300kg; G.W.377kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Adjustable Seat Cushion; PU foam molding
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 150×50×3.0mm
Cable type	Imported Japanese steel wire rope; ￠5.6mm
Pulley	Nylon + fiberglass; Specifications: ￠117mm
Leather	PVC; Imitation carbon fiber pattern
Paint Color	Black Titanium + Brushed Silver
Muscle Trained	Core muscles





Smith machine SH-G8818

Product dimensions	2188×1365×2287mm
Package dimensions	2317×1565×626mm
Product weight	N.W. 246kg ; G.W.310kg
Packaging method	Wooden crate
Resistance	Barbell plates (optional)
Tube size	Large R angle tube150×50×t3.0mm, Large R angle tube120×50×t3.0mm (Connecting Tube)
Cable type	Imported Japanese steel wire rope; 4 5.6mm
Pulley	Nylon + fiberglass; Specification: 4 117mm
Paint Color	Black titanium
Muscle Trained	Quadriceps, biceps femoris, triceps brachii, gluteal muscles, deltoid muscles, latissimus dorsi, biceps brachii, pectoralis major



Functional trainer SH-G8820

Product dimensions	940×1660×2240mm
Package dimensions	2240×1200×530mm
Product weight	N.W. 395kg ; G.W. 445kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counter weight:100KG/SET(Total2 sets); G.W:200KG, Minimum 5kg.
Maximum weight capacity	150kg
Tube size	Flat oval tube 120*50*t2.0mm
Cable type	Imported Japanese steel wire rope; 4 5.6mm
Pulley	Nylon with fiber; 4 117mm
Paint Color	Main Frame: Black titanium (YF1910-005) ; Weight Stack Cover: Black gauze pattern
Muscle Trained	Muscle groups (shoulder, chest, back, leg)



Adjustable cable cross over SH-G8852

Product dimensions	3775×925×2290mm
Package dimensions	2290×920×400mm/1020×1000×670mm
Product weight	N.W.325kg ; G.W.390kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counter weight:90KG/SET(Total2 sets); G.W:180KG, Minimum 5kg.
Maximum weight capacity	150kg
Tube size	Flat oval tube 120*50*t2.0mm
Cable type	Imported Japanese steel wire rope; 4 5.6mm
Pulley	Nylon with fiber; 4 117mm
Paint Color	Black titanium (YF1910-005)
Muscle Trained	Multi-muscle group training (chest, shoulders, back, legs, abdomen)



Squat rack SH-G8854

Product dimensions	1840×1670×1840mm
Package dimensions	1940×1940×540mm
Product weight	N.W.85kg ; G.W.92kg
Packaging method	Bubble wrapped
Resistance	Plates(additional)
Tube size	Flat oval tube 120*40*t2.0mm
Paint Color	Main Frame Black titanium
Muscle Trained	Leg Muscle



Adjustable dumbbell bench SH-G8855

Product dimensions	1660×600×440mm
Package dimensions	910×280×130mm, 1730mm×670×460mm
Product weight	N.W.48kg ; G.W.53kg
Maximum weight capacity	150kg
Packaging method	Carton + bubble bag packing
Pads (seat/back/chest/elbow)	PU foam molding; Imitation Carbon Fiber Pattern
Leather	PVC; Imitation Carbon Fiber Pattern
Tube size	Flat oval tube 120*40*t2.0mm
Paint Color	Main Frame Black titanium
Muscle Trained	Auxiliary equipment



Olympic weight tree SH-G8856A

Product dimensions	810×791.4 x 983mm
Package dimensions	860 x 821.4 x 1013mm
Product weight	N.W.19.35kg ; G.W.23.35kg
Maximum weight capacity	150kg
Packaging method	bubble bag packing
Tube size	Main bend flat oval tube:120*40*t2.0(mm) Strengthen flat oval tube: 120*40*t2.0(mm)
Paint Color	Main Frame Black titanium
Muscle Trained	Used to place weight plates



Back extension SH-G8858

Product dimensions	1175×805×800mm
Package dimensions	1100×600×800mm, 810×520×300mm
Product weight	N.W.43kg ; G.W.65kg
Maximum weight capacity	150kg
Packaging method	Wrap + carton packing
Pads (seat/back/chest/elbow)	Adjustable seat height; PU foam molding;
Leather	PVC; Imitation Carbon Fiber Pattern
Tube size	Flat oval tube 100×40×t2.0mm, 80×40×t2.0mm
Paint Color	Main Frame Black titanium
Muscle Trained	Erector Spinae



Arm curl Bench SH-G8859

Product dimensions	1095×800×970mm
Package dimensions	1120×920×1100mm
Product weight	N.W.51kg ; G.W.61kg
Maximum weight capacity	150kg
Packaging method	Wrap + carton packing
Pads (seat/back/chest/elbow)	Adjustable seat height; PU foam molding;
Leather	PVC; Imitation Carbon Fiber Pattern
Tube size	Flat oval tube 100×40×t2.0mm, 80×40×t2.0mm
Paint Color	Main Frame Black titanium
Muscle Trained	Biceps



Olympic Flat Bench SH-G8871

Product dimensions	1095×800×970mm
Package dimensions	1700×1250×630mm, 350×320×1400mm, 1390×345×75mm
Product weight	N.W.60kg ; G.W.67kg
Maximum weight capacity	150kg
Packaging method	Bubble wrap
Pads (seat/back/chest/elbow)	Plywood + recycled cotton + faux eather
Leather	PVC; Imitation Carbon Fiber Pattern
Tube size	Flat oval tube 120×40×t2.0mm
Paint Color	Main Frame Black titanium
Muscle Trained	Pectoralis major, Anterior deltoid, triceps



Utility bench SH-G8876

Product dimensions	873×507×883mm
Package dimensions	920×550×900mm, 390×350×170mm
Product weight	N.W.19kg ; G.W.23kg
Maximum weight capacity	135kg
Packaging method	Caton box+Bubble wrapped
Pads (seat/back/chest/elbow)	non-adjustable; Material: Plywood+recycled cotton + virgin cotton + leather
Leather	PVC; Imitation Carbon Fiber Pattern
Tube size	Flat oval tube 120×40×t2.0mm
Paint Color	Main Frame Black titanium
Muscle Trained	Use dumbbells, barbells and other auxiliary equipment to exercise the upper limb muscles.



Flat bench SH-G8878

Product dimensions	1605×607×400mm
Package dimensions	1700×660×400mm, 1390×345×75mm
Product weight	N.W.31kg ; G.W.37kg
Maximum weight capacity	135kg
Packaging method	Caton box+Bubble wrapped
Pads (seat/back/chest/elbow)	non-adjustable; Material: Plywood+recycled cotton + virgin cotton + leather
Leather	PVC; Imitation Carbon Fiber Pattern
Tube size	Flat oval tube 120×40×t2.0mm
Paint Color	Main Frame Black titanium
Muscle Trained	Suitable for anaerobic exercise, free training and can be used in conjunction with other fitness products.



Decline bench SH-G8879

Product dimensions	(1620~1789)×705×(930~1190)mm
Package dimensions	1850×800×850mm, 955×330×245mm
Product weight	N.W.39kg ; G.W.47kg
Maximum weight capacity	150kg
Packaging method	Caton box+Bubble wrapped
Pads (seat/back/chest/elbow)	non-adjustable; Material: Plywood+recycled cotton + virgin cotton + leather
Leather	PVC; Imitation Carbon Fiber Pattern
Tube size	Flat oval tube 120×40×t2.0mm
Paint Color	Main Frame Black titanium
Muscle Trained	Suitable for anaerobic exercise, can exercise muscles such as the rectus abdominis and external obliques.



Barbell rack SH-G8883

Product dimensions	860×765×1450mm
Package dimensions	1550×860×450mm
Product weight	N.W.82kg ; G.W.87kg
Packaging method	Bubble wrapped
Tube size	Flat oval tube 120×40×t2.0mm
Paint Color	Main Frame Black titanium
Muscle Trained	Use for placing barbell



Two tier DB rack SH-G8884A

Product dimensions	2756×685×890mm
Package dimensions	2580×300×230mm, 930×730×300mm
Product weight	N.W.95kg ; G.W.99kg
Packaging method	Bubble wrapped
Tube size	Flat oval tube: 120×40×t3.0(mm), Rectangular tube: 60×30×t3.0mm
Paint Color	Main Frame Black titanium
Muscle Trained	Use for placing dumb-bell sets



Chin dip leg raise station SH-G8888

Product dimensions	1310×1170×2165mm
Package dimensions	2220×850×430mm
Product weight	N.W.125kg ; G.W.170kg
Packaging method	Wooden crate
Tube size	Flat oval tube: 120×40×t3.0(mm)
Paint Color	Main Frame Black titanium (YF1910-005)
Muscle Trained	Latissimus dorsi, deltoid, biceps, quadriceps, rhomboids, abdominis, pectoralis major, triceps



Stretcher SH-G8890

Product dimensions	1400×690×1200mm
Package dimensions	1450×1000×700mm
Product weight	N.W.35kg ; G.W.40kg
Packaging method	Bubble wrap+ carton box
Tube size	Flat oval tube: 120×40×t3.0(mm)
Paint Color	Main frame: 80×40×t2.0mm, Oval steel tube
Muscle Trained	Latissimus dorsi, Pectoralis Major, hamstrings, Quadriceps, Adductors, Erector Spinae, Gluteus Maximus, Gastrocnemius.

77 SERIES



Chest Press SH-G7701

Product dimensions	1690×1840×1740mm
Package dimensions	1920×1402×785mm(excluding counterweights, counterweights packed separately in a carton box)
Product weight:	N.W. 323kg ; G.W.365kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Adjustable seat height; PU foam molding:black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 125×75×3.0mm/120×50×3.0mm/100×50×3.0mm
Cable type	Imported Japanese steel wire rope; ≤ 5.6mm
Pulley	Nylon + Glass fiber; Specifications: ≤ 117
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern, Protective cover: Space gray
Muscle Trained	pectoralis major, anterior deltoids, triceps



Lat Pulldown SH-G7703

Product dimensions	1525×1420×1980mm
Package dimensions	1920×995×770mm(excluding counterweights, counterweights packed separately in a carton box)
Product weight:	N.W. 200kg ; G.W.250kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
Pads	Adjustable seat height; PU foam molding:black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 125×75×3.0mm/120×50×3.0mm
Cable type	Imported Japanese steel wire rope; ≤ 5.6mm
Pulley	Nylon + Glass fiber; Specifications: ≤ 117
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern, Protective cover: Space gray
Muscle Trained	Latissimus dorsi,Posterior deltoids,Biceps,Teres major,Teres minor,Trapezius muscle.



Butterfly SH-G7702

Product dimensions	1800×1950×1480mm
Package dimensions	1670×1080×660mm(excluding counterweights, counterweights packed separately in a carton box)
Product weight:	N.W.285kg ; G.W.320kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 80kg; Minimum adjustable weight 5kg
Pads	Adjustable seat height; PU foam molding:black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 125×75×3.0mm/120×50×3.0mm/100×50×3.0mm
Cable type	Imported Japanese steel wire rope; ≤ 5.6mm
Pulley	Nylon + Glass fiber; Specifications: ≤ 117
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern, Protective cover: Space gray
Muscle Trained	pectoralis major, Biceps, anterior deltoids



Seated Row Trainer SH-G7704

Product dimensions	1495×1425×1930mm
Package dimensions	1725×1195×745mm(excluding counterweights, counterweights packed separately in a carton box)
Product weight:	N.W. 289kg ; G.W.360kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
Pads	Adjustable seat height; PU foam molding:black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 125×75×3.0mm/100×50×3.0mm
Cable type	Imported Japanese steel wire rope; ≤ 5.6mm
Pulley	Nylon + Glass fiber; Specifications: ≤ 117
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern,Protective cover: Space gray
Muscle Trained	Latissimus dorsi, Posterior deltoids,Biceps,Teres major,Teres minor,Trapezius muscle.



Shoulder Press SH-G7705

Product dimensions	1895×1635×1480mm
Package dimensions	1670×1195×960mm(excluding counterweights, counterweights packed separately in a carton box)
Product weight:	N.W. 305kg ; G.W.350kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 80kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Adjustable seat height; Back upholster; Head upholster; Made of PU foam;black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 125×75×13.0mm/120×50×13.0mm
Cable type	Imported Japanese steel wire rope; ￠ 5.6mm
Pulley	Nylon + Glass fiber; Specifications: ￠ 117
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern,Protective cover: Space gray
Muscle Trained	Deltoid,triceps, Trapezius muscle



Seated lateral lift SH-G7706

Product dimensions	1200×1510×1480mm
Package dimensions	1540×1130×660mm(excluding counterweights, counterweights packed separately in a carton box)
Product weight:	N.W. 205kg ; G.W.240kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 80kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Adjustable seat height; Seat upholster is made of PU foam;black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube 125×75×13.0mm/120×50×13.0mm
Cable type	Imported Japanese steel wire rope; ￠ 5.6mm
Pulley	Nylon + Glass fiber; Specifications: ￠ 117
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern,Protective cover: Space gray
Muscle Trained	Trapezius muscle,Deltoid



Prone Leg Curl SH-G7709

Product dimensions	1670×1295×1480mm
Package dimensions	1535×1125×715mm(excluding counterweights, counterweights packed separately in a carton box)
Product weight:	N.W. 243kg ; G.W.278kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
Pads	Seat upholster is made of PU foam;black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications:120×50×13.0mm/100×50×13.0mm
Cable type	Imported Japanese steel wire rope; ￠ 5.6mm
Pulley	Nylon + Glass fiber; Specifications: ￠ 117
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern, Protective cover: Space gray
Muscle Trained	Biceps femoris,Hamstrings,Gluteus maximus,Gluteus minimus,Semitendinosus,Semimembranosus



Glute Machine SH-G7710

Product dimensions	1350×1030×1480mm
Package dimensions	1500×1100×815mm(excluding counterweights, counterweights packed separately in a carton box)
Product weight:	N.W. 230kg ; G.W.260kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 80kg; Minimum adjustable weight 5kg
Pads	Seat upholster is made of PU foam;black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Rectangular tube:125×75×13.0mm/120×50×13.0mm
Cable type	Imported Japanese steel wire rope; ￠ 5.6mm
Pulley	Nylon + Glass fiber; Specifications: ￠ 117
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern, Protective cover: Space gray
Muscle Trained	gluteus,Biceps femoris,Hamstrings,Gluteus minimus,Semitendinosus,Semimembranosus.



Leg Press SH-G7707

Product dimensions	1525×1680×1480mm
Package dimensions	1920×995×770mm(excluding counterweights, counterweights packed separately in a carton box)
Product weight:	N.W. 310kg ; G.W.370kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 90kg; Minimum adjustable weight 5kg
Pads (seat/back/chest/elbow)	Front and rear seat upholster positions are adjustable; the upholsters are made of PU foam;black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Material: Q235A;Pillars: 125×75×13.0mm square tube; Base frame: 100×50×13.0mm rectangular tube.
Cable type	Imported Japanese steel wire rope; ￠ 5.6mm
Pulley	Nylon + Glass fiber; Specifications: ￠ 117
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern,Protective cover: Space gray
Muscle Trained	Hamstrings,Gluteus maximus,Gluteus minimus,Biceps femoris,Semitendinosus,Semimembranosus,Quadriceps,Core muscles,Gastrocnemius,Soleus muscle,Tibialis anterior muscle;



Leg Extension SH-G7708

Product dimensions	1600×1030×1480mm
Package dimensions	1578×1202×967mm(excluding counterweights, counterweights packed separately in a carton box)
Product weight:	N.W. 251kg ; G.W.300kg (total weight including counterweights)
Packaging method	Wooden crate
Resistance	Counterweights; Total weight 100kg; Minimum adjustable weight 5kg
Pads	Seat upholster is made of PU foam;black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: 120×50×13.0mm/100×50×13.0mm
Cable type	Imported Japanese steel wire rope; ￠ 5.6mm
Pulley	Nylon + Glass fiber; Specifications: ￠ 117
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern, Protective cover: Space gray
Muscle Trained	quadriceps femoris



69 SERIES

Shuhua 69 series, professional strength training equipment, designed by Shuhua R&D team and national champions of bodybuilding together with many years of effort and hardwork.

Fluently power experience, sense of design and comfort, selected material and precision production combined perfectly, which makes strength training more scientific and efficient.



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Upper push chest trainer SH-G6901	
Product dimensions	1770×1450×1935mm
Package dimensions	2035×1515×500mm
Product weight	N.W. 200kg; G.W. 235kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	PU foam molding for head cushion, back cushion, and seat cushion; Leather: Black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	Pectoralis major, anterior deltoid fasciculus, triceps brachii



Lower push chest trainer SH-G6902A	
Product dimensions	1840×1555×1290mm
Package dimensions	1515×1465×490mm
Product weight	N.W. 110kg; G.W. 153kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	PU foam molding for head cushion, back cushion, and seat cushion; Leather: Black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	Pectoralis major, anterior deltoid fasciculus, triceps brachii



Shoulder Press SH-G6905	
Product dimensions	1920×1385×1315mm
Package dimensions	1590×1495×640mm
Product weight	N.W. 157kg; G.W. 202kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	PU foam for seat cushions, backrest cushions, and headrests; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	deltoid muscle and triceps brachii



Biceps Curl SH-G6906	
Product dimensions	1985×1195×1135mm
Package dimensions	2050×1100×335mm
Product weight	N.W. 101kg; G.W. 141kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	PU foam for back cushion and seat cushion; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	Biceps brachii



Pulldown trainer SH-G6903A	
Product dimensions	1560×1530×1880mm
Package dimensions	1725×1355×590mm
Product weight	N.W. 145kg; G.W. 185kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	PU foam molding for leg pads and seat cushions; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	Latissimus dorsi, deltoids, trapezius, biceps brachii



Split type rowing trainer SH-G6904A	
Product dimensions	1230×1160×1190mm
Package dimensions	1345×1255×775mm
Product weight	N.W. 123kg; G.W. 163kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	Regenerated cotton for chest and seat cushions; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	Deltoid muscle, back muscle group



Triceps Press SH-G6907	
Product dimensions	1310×1170×1170mm
Package dimensions	1510×810×500mm
Product weight	N.W. 111kg; G.W. 151kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	PU foam for back cushion and seat cushion; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	Triceps brachii muscle



Leg Extension SH-G6908	
Product dimensions	1480×1415×1075mm
Package dimensions	1240×1200×865mm
Product weight	N.W. 105kg; G.W. 135kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	PU foam molding for leg pads and seat cushions; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	Quadriceps femoris muscle of thigh



Standing Leg Curl SH-G6909

Product dimensions	1515×1205×1390mm
Package dimensions	1315×1165×965mm
Product weight:	N.W.109kg; G.W.145kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	PU foam molding for hook leg covers and chest pads; Small hand pads, thigh pads made of recycled cotton, and native cotton molding; Elbow cushion EVA molding; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Main frame 120×50×t3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	Biceps femoris muscle



Calf Raise SH-G6910

Product dimensions	1560×575×990mm
Package dimensions	1380×615×650mm
Product weight:	N.W.60kg; G.W.75kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	Elbow pad PU foam molding; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×t3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	Triceps cruris muscle



Hack Squat SH-G6913A

Product dimensions	1760×1445×1620mm
Package dimensions	1585×1275×740mm
Product weight:	N.W.174kg; G.W.220kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	Shoulder pad material: PU foam molding; Back cushion material: recycled cotton; Color: Black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×t3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; movement part: black sand pattern
Muscle Trained	Thigh/calf/buttocks muscle groups



Linear Hack Press SH-G6914

Product dimensions	1650×1050×1160mm
Package dimensions	1565×1095×740mm
Product weight:	N.W.190kg; G.W.240kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	PU foam molding for seat cushion; Leather: Black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×t3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Seat cushion frame: black sand pattern
Muscle Trained	Quadriceps femoris, gluteus maximus, biceps femoris



Hip Press SH-G6911

Product dimensions	1435×1210×1560mm
Package dimensions	1505×1215×570mm
Product weight:	N.W.90kg; G.W.110kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	Chest pad PU foam molding; Small hand pads, calf top pads made of recycled cotton, and native cotton molding; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×t3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Left and right movement arms: black sand pattern
Muscle Trained	Gluteus maximus and biceps femoris



Stretcher SH-G6912

Product dimensions	1885×1145×1045mm
Package dimensions	1285×805×360mm
Product weight:	N.W.95kg; G.W.109kg
Packaging method	Carton box
Pads (seat/back/chest/elbow)	Hook foot cover and kneeling pad PU foam molding; Shaping of regenerated cotton and native cotton for calf pads; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 80×40×t2.0 square tube+aluminum alloy anode guide rail x2
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; movement part: black sand pattern
Muscle Trained	Calf muscle group, hamstring muscle group, quadriceps femoris muscle group, adductor thigh muscle group, iliopsoas muscle group, buttocks muscle group



Abdominal SH-G6915

Product dimensions	1420×1150×1720mm
Package dimensions	1265×1165×720mm
Product weight:	N.W.125kg; G.W.150kg
Packaging method	Wooden crate
Resistance	Weight plate (Weight plate is not included, need to be purchased separately)
Pads (seat/back/chest/elbow)	PU foam molding for seat cushions, back cushions, and seat cushions; Leather: black bark pattern
Maximum weight capacity	150kg
Tube size	Material Q235A; Main frame 120×50×t3.0mm flat elliptical tube
Leather	PVC; Black
Paint Color	Main frame: black silver sand pattern; Backrest: black sand pattern
Muscle Trained	Core muscle group

Note: 69 series not include weight plates, please purchase separately.

89 SERIES

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SH-G8901

Hammer Strength

Technical Parameters

Product dimensions	1510×1675×2465mm
Package dimensions	2430×700×250mm/ 1790×620×350mm
Product weight:	N.W. 210kg ; G.W.236kg
Packaging method	Carton
Resistance	plates (additional accessories required)
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube :125×75×t4.0mm
Paint Color	Main frame: black sand pattern; pull-up bar rack,
Muscle Trained	chest muscles,back muscles,leg muscles, shoulder muscles, Biceps,Triceps,abdominal muscles



SH-G8902

Hammer Strength Power Rack

Technical Parameters

Product dimensions	2010×1770×2465mm
Package dimensions	2430×450×225mm/ 2430×670×365mm
Product weight:	N.W. 315kg ; G.W.345kg
Packaging method	Carton
Resistance	plates (additional accessories required)
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube :125×75×t4.0mm
Paint Color	Main frame: black sand pattern; pull-up bar rack,
Muscle Trained	chest muscles,back muscles,leg muscles, shoulder muscles,Biceps,Triceps, abdominal muscles



SH-G8903

Hammer Strength Comprehensive Power Rack

Technical Parameters

Product dimensions	2940×1680×2465mm
Package dimensions	2520×1110×245mm; /2425×635×350mm; /1400×580×315mm; / 790×655×170mm
Product weight:	N.W. 595kg ; G.W.624kg
Packaging method	Carton
Resistance	Counter weight: 97KG/SET (Total 2 sets); G.W:194KG, Minimum 65kg.(plates sold separately)
Maximum weight capacity	150kg
Tube size	Material: Q235A; Specifications: Rectangular Tube :125×75×t4.0mm
Cable type	Imported Japanese steel wire rope; Φ 5.6mm
Pulley	Nylon with fiber; Φ 117mm
Paint Color	Main frame: black sand pattern;pull-up bar rack,
Muscle Trained	chest muscles,back muscles,leg muscles, shoulder muscles, Biceps,Triceps,abdominal muscles





Chess Press SH-G8911

Product dimensions	1885×1445×2230mm
Package dimensions	2195×1535×875mm
Product weight	N.W. 180kg ; G.W.265kg
Packaging method	Wooden crate
Resistance	Plate-loaded; 100kg weight capacity for each side(plates sold separately)
Maximum weight capacity	150kg
Tube size	Material: Q235A; Main frame: 125×75×t3.0mm rectangular tube; Swing arm: 100×50×t3.0mm
Paint Color	Main frame: black sand pattern; Swing arm: dark gray
Muscle Trained	triceps,Deltoid,pectoralis major,quadriceps,gluteus, core muscles



Converging Chest Press SH-G8912

Product dimensions	1435×1750×2090mm
Package dimensions	2145×1440×620mm
Product weight	N.W. 235kg ; G.W.295kg
Packaging method	Wooden crate
Resistance	Plate-loaded; 100kg weight capacity for each side (plates sold separately)
Maximum weight capacity	150kg
Tube size	Material: Q235A; Pillars: 125×75×t3.0mm square tube; Base frame: 100×50×t3.0mm rectangular
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern; Swing arm: dark gray
Muscle Trained	pectoralis major, anterior deltoids, triceps



Leg Press SH-G8919

Product dimensions	2580×1420×1480mm
Package dimensions	2195×1035×440mm/1315×1035×835mm
Product weight	N.W.540kg ; G.W.620kg
Packaging method	Wooden crate
Resistance	Plate-loaded; 100kg weight capacity for each side (plates sold separately)
Pads	PU foam molding;black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A;Specifications: Rectangular Tube 100×50×t3.0mm
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern; Pedal: dark gray
Muscle Trained	Hamstrings,Gluteus maximus,Gluteus minimus,Biceps femoris,Semitendinosus, Semimembranosus,Quadriceps ,Core muscles, Gastrocnemius,Soleus,Tibialis anterior muscles



Flat Bench SH-G8923

Product dimensions	1785×615×655mm
Package dimensions	1647×647×560mm
Product weight	N.W.58kg ; G.W.81kg
Packaging method	Wooden crate
Maximum weight capacity	150kg
Tube size	Material: Q235A;Specifications: Rectangular Tube 75×50×t3.0mm
Leather	PVC; black bark pattern
Paint Color	black sand pattern;
Muscle Trained	Transverse abdominis,Internal oblique muscles,Rectus abdominis,Gluteal muscles,Gastrocnemius,Soleus, Tibialis anterior muscles,Hamstrings,Gluteus,Gluteus minimus,Biceps femoris,Semitendinosus, Semimembranosus,Quadriceps femoris,Core muscles



Converging Shoulder Press SH-G8913

Product dimensions	2130×1210×2100mm
Package dimensions	2070×1410×690mm
Product weight	N.W. 253kg ; G.W.313kg
Packaging method	Wooden crate
Resistance	Plate-loaded; 100kg weight capacity for each side (plates sold separately)
Pads	Adjustable seat height; PU foam molding;black
Maximum weight capacity	150kg
Tube size	Material: Q235A;Pillars: 125×75×t3.0mm square tube; Base frame: 100×50×t3.0mm rectangular
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern; Swing arm: dark gray
Muscle Trained	pectoralis major, anterior deltoids, triceps



Squat Lunge SH-G8914A

Product dimensions	1655*1620*770mm
Package dimensions	1753*825*655mm
Product weight	N.W.116kg ; G.W.154kg
Packaging method	Wooden crate
Resistance	Plate-loaded
Pads	PU foam molding;black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A;Specifications: Rectangular Tube 100×50×t3.0mm/125×75×t3.0mm
Leather	PVC; black bark pattern
Paint Color	Main frame: black sand pattern; Swing arm: dark gray
Muscle Trained	Erector spinae muscles,quadriceps,Hamstrings, Biceps femoris,Forearm muscles



Ham Bench SH-G8924

Product dimensions	1600×1030×1260mm
Package dimensions	1767×1065×621mm
Product weight	N.W.208kg ; G.W.245kg
Packaging method	Wooden crate
Maximum weight capacity	150kg
Tube size	Material: Q235A;Specifications: Rectangular Tube 100×50×t3.0mm
Leather	PVC; black bark pattern
Paint Color	black sand pattern; Swing arm: dark gray 11C
Muscle Trained	Transverse abdominis,Internal oblique muscles,Rectus abdominis,Gluteal muscles,Gastrocnemius,Soleus,Tibialis anterior muscles,Hamstrings,Gluteus maximus,Gluteus minimus,Biceps femoris,Semitendinosus, Semimembranosus,Quadriceps femoris,Core muscles



Handle Bench SH-G8925

Product dimensions	1765×1400×800mm
Package dimensions	1435×1325×510mm
Product weight	N.W.91kg ; G.W.125kg
Packaging method	Wooden crate
Pads	U foam molding;black bark pattern
Maximum weight capacity	150kg
Tube size	Material: Q235A;Specifications: Rectangular Tube 100×50×t3.0mm
Leather	PVC; black bark pattern
Paint Color	black sand pattern;
Muscle Trained	Biceps femoris,quadriceps femoris,gluteus,pectoralis major,Latissimus dorsi,Deltoid,Biceps,triceps,core muscles

COLOR CUSTOMIZATION

The color of tubing and leather of treadmills and strength equipment can be customized
Create personalized fitness products for you and your members.



Champagne
Grey Silver



Champagne Gold



Diamond White



High-gloss Black



Black Silver Sand
Pattern



Champagne Gold
+Black



black+
Germanium red



high-gloss matt
+Germanium red



Black+Dark Grey



black+
Germanium red



Red



Light Blue



Black Titanium
Gold



Black Silver Sand
Pattern



Diamond White



High-gloss Matt

Standard leather color



Dark Green



Black



Vermilion



yellowish brown

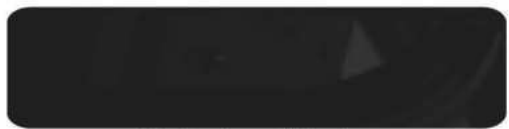
Standard tubing color



Black Silver Sand Pattern



Sparkling Silver Cool Grey Sand Pattern



High-gloss black



Champagne gold



Moxa Green



Germanium Red



Black Silver Sand Pattern



Royal Blue



Peach Red



Orange



Diamond White



Light Blue

- The actual color may be different from the color in the picture.
- Confirm that the customization requires additional payment, Or the order has reached a certain MOQ.
- For details, please consult Shuhua regional sales representative